



## Warning about „CBD Liquid“

Dear Parents and Guardians,

The **Landesstelle für Suchtprävention Bremen** (State Office for Addiction Prevention Bremen), the **Bremische Landesstelle für Suchtfragen** (Bremen State Office for Addiction Issues), the **Gesundheitsamt Bremen** (Esc)ape (Public Health Department Bremen – (Esc)ape), and the **Regionales Beratungs- und Unterstützungszentrum** (ReBUZ) (Regional Advisory and Support Centre) support the warning issued by the **Fachstelle Sucht des Landkreis Verden** (Addiction Support Service of the District of Verden). Together, we would like to draw your attention to a dangerous trend in consumption that is increasingly spreading among young people in Germany.

Under the misleading name “CBD Liquid” (also known as “Baller-Liquid,” “Görke,” “Django”), synthetic cannabinoids are being sold illegally by dealers in liquid form for use in e-cigarettes. In some cases, pre-filled disposable vapes containing synthetic cannabinoids are also available.

Synthetic cannabinoids are very different to CBD. CBD does not cause intoxication, whereas synthetic cannabinoids can induce an intense psychoactive reaction.

### What are synthetic cannabinoids?

Synthetic cannabinoids are entirely synthetic substances. Users may be expecting to gain some calming effects, a sense of satisfaction, or increased motivation.

These synthetic substances can create a much stronger high than natural cannabis, and their effects are extremely difficult to predict. This is mainly due to several different chemical compounds being categorised under the term “**synthetic cannabinoids**”. The effects of these many different substances can vary significantly from one to another.

### What you should know:

- These liquids are often odourless or flavoured, making them difficult to detect.
- They are deliberately sold or passed on to young people.
- These substances are not easily identified through routine drug testing.
- Even a few draws can lead to severe health problems, including impaired or loss of consciousness, circulatory collapse, or other potentially life-threatening conditions.
- Very small amounts can trigger strong effects.

### Our request to you:

- Speak openly with your child about the risks and dangers.
- Watch for possible warning signs such as sudden changes in behaviour, dizziness, nausea, or unusual fatigue.
- If you suspect use, seek immediate medical assistance and, if necessary, inform the police..

### What to do if you think that your child may be having problems with synthetic cannabinoids

Please contact the Gesundheitsamt Bremen (Public Health Department Bremen) or the Ambulante Suchthilfe (Outpatient Addiction Support Services):

<p><b>[Esc]ape</b></p> <p>For young people 0421 361-6292</p>  <p><b>[Esc]ape</b></p>	<p><b>Ambulante Suchthilfe</b></p> <p>Outpatient Addiction Support (18+): 0421 98979-0</p>  
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